

# Packing List and Guidelines

For two-week campers, laundry service is available. Please see parent handbook note about this under the store section.

Please see the guidelines on the back of this page

| 1 Week | 2 Weeks | # Sent | CLOTHING LIST   | # Returned |
|--------|---------|--------|---|------------|
| 7      | 14      | _____  | T-shirts and/or Shirts  | _____      |
| 5      | 9       | _____  | Shorts  | _____      |
| 2      | 4       | _____  | Long pants ( <i>required for horseback riding and fire spinning</i> ) | _____      |
| 7      | 14      | _____  | Underclothes  | _____      |
| 7      | 14      | _____  | Pairs of Socks (including one pair of Wool or Synthetic Socks)        | _____      |
| 1      | 1       | _____  | Shoes/boots with heel for horses                                      | _____      |
| 1      | 1       | _____  | Sandals or water shoes  | _____      |
| 1      | 1       | _____  | Sneakers  | _____      |
| 1      | 1       | _____  | Sweatshirt/Light Jacket   | _____      |
| 2      | 2       | _____  | Swimsuits (one-piece preferred)                                       | _____      |
| 2      | 2       | _____  | Bath Towel & Wash Cloth sets  | _____      |
| 1      | 2       | _____  | Night Clothes   | _____      |
| 1      | 1       | _____  | Poncho/Raincoat (rain is quite unlikely)                              | _____      |
| 1      | 1       | _____  | Hat - <i>Protection from sun</i>                                      | _____      |
| 1      | 1       | _____  | Leggings (for Lyra and Aerial Silks)                                  | _____      |
| 1 Week | 2 Weeks | # Sent | BEDDING   | # Returned |
| 1      | 2       | _____  | Sheets (twin) to cover mattress (kids sleep in sleeping bag)          | _____      |
| 1      | 1       | _____  | Plastic Sheet - <i>for bedwetter</i>                                  | _____      |
| 1      | 1       | _____  | Sleeping bag (check weather and rating)                               | _____      |
| 1      | 1       | _____  | Pillow & Pillow Case  | _____      |
| 1 Week | 2 Weeks | # Sent | OTHER ITEMS   | # Returned |
| 1      | 1       | _____  | Toiletries/Shower Bag/Shampoo   | _____      |
| 1      | 1       | _____  | Soap & Soap Dish  | _____      |
| 1      | 1       | _____  | Toothbrush & Toothpaste   | _____      |
| 1      | 1       | _____  | Comb/Brush  | _____      |
| 1      | 1       | _____  | Waterbottle (with name on it)   | _____      |
| 1      | 1       | _____  | Laundry Bag (with name on it)   | _____      |
| 1      | 1       | _____  | Flashlight with Batteries and spares                                  | _____      |
| 1      | 1       | _____  | Bug Repellant (see handbook)  | _____      |
| 1      | 1       | _____  | Suntan Lotion/Sun Block   | _____      |
| 1      | 1       | _____  | Disposable camera (with name on it !!)                                | _____      |
|        |         | _____  | Writing Materials and Stamps  | _____      |
|        |         | _____  | Medications (see parent handbook)                                     | _____      |
| 1      | 1       | _____  | Chapstick with SPF  | _____      |
|        |         | # Sent | OPTIONAL  | # Returned |
|        |         | _____  | Day Pack (overnight pack if desired)                                  | _____      |
|        |         | _____  | Fishing equipment   | _____      |
|        |         | _____  | Books   | _____      |
|        |         | _____  | Anything cotton they want tie-dyed                                    | _____      |
|        |         | _____  | Sunglasses  | _____      |
|        |         | _____  | Dark clothing for black-light activities                              | _____      |

## Do NOT Bring

Valuables  
 Boom boxes  
 Electronic games  
 Computers  
 MP3 anything  
 Cell phones  
 Magazines  
 Illegal drugs  
 Fireworks  
 Matches  
 Candles  
 Lighters  
 Alcohol  
 Food  
 Candy  
 Gum  
 Aerosol Cans  
 Guns or Knives  
 Tobacco products  
 Jewelry  
 Skateboards  
 Roller blades  
 Money (use store account)  
 Mirrors/Glass

**O V E R**

# Guidelines

Kids need to come to camp prepared for participating in physical activity, keeping warm during the evenings and cool during the days, and with enough clothes to remain clean, healthy, and happy campers. Please send appropriate clothing with your camper, taking into consideration the weather and camp activities. We encourage you to send old clothing, as your camper will be camping out, sleeping on the ground, climbing, and hiking through the woods.

We include things such as **backpacking and fishing** gear on the list for campers who may have their own equipment that is special to them. Camp has all of the gear they will need, so please don't buy optional items just because they appear on the list. We have a limited number of boots in a limited number of size for horseback riding as well, but if campers have any shoes with a small heel (1/2-1 inch), they should definitely bring them.

We have **mountain bikes** at camp. Camp's mountain bike program is an instructional progression based on technical aspects of a typical mountain bike. In an effort to standardize this program and provide a more cohesive learning experience, we have our own bicycles.

**Bathing suits:** During some events (e.g. oatmeal fights), girls will be asked to wear either a one-piece bathing suit, or wear a shirt over their bathing suit. In general, everyone needs to bring clothing to camp they don't mind not seeing again – damaged, discolored, lost, stained, etc.

There is a **laundry service** if 2+ week campers do not want to bring enough clothes for the whole session. In that case, please add \$15 to the camp store monies (see "Parent Handbook") to cover the laundry service that we hire. Pack for 8 days and we'll have their clothes laundered after the first week.

Camp is an opportunity for children to develop their sense of self-care and personal responsibility. Please review the list of things you are sending with your camper so they know what clothing and personal items are to return home. Remember that your camper's belongings can get lost or misplaced; therefore refrain from sending anything of significant value or considerable sentimental worth.

Luggage needs to be compact and easy to carry – duffels are great. All medications (prescription, over the counter, vitamins and herbals) will be given to the staff at the bus (for bus campers) or the nurse upon check-in, so please leave them easily accessible.

Please review and respect the "What not to Bring" list. Achieving the social objectives we set forth for our campers requires the creation of a particular camp and social community. Things such as MP3 players, games, cell phones, and many common magazines work directly against these objectives, and hamper the experience and social growth of all of our campers. Taking the time to sit down with your camper and go through their gear a day or so prior to camp can give you the opportunity to discuss how they are feeling about their time away from home, address any anxieties or questions they may be having, and gain a good idea of exactly what they are bringing to camp (you'd be surprised at some of the things that show up).

There is a limited amount of space on the bus, and in the cabins. Please don't pack excessive amounts of clothes. If for some unusual reason more clothes are needed by your camper than is on our list, we will be happy to do enough of their laundry to get them by free of charge.

**Thank you for helping make Camp Augusta a great place for all of our campers!**